

# together

*Middlesex Senior Cohousing -- Building  
the first senior cohousing community in  
New England!*

Greetings!

Well, it's been over six months since the world turned upside down. And counting. Most of us found ways to get around social distancing this summer, when it was easy to be outside, right?

But autumn approaches, and as outside options for being together dwindle, many of us are wondering "Now what?"

Cohousing offers a beacon of light in this pandemic. If you doubt that, take a look at our August newsletter:

- August Project Update
- Modern Housing with Village Virtues by Courtney Martin
- Being Apart Together - Celebrating July 4th at Oakcreek Community

[Visit our Website](#)

## August Project Update



**Hager Homestead, Littleton, MA, circa 1870**

## **We're Keeping On Keeping On!**

### ***Getting It Built***

We're working our way through the permitting process with the Town of Littleton. And our professionals (development partner, architects and engineer) are fine-tuning the plans we're presenting.

*We still have a few market-rate homes available.* And we're putting together a virtual info session with updates and details on the project. So stay tuned for an announcement about that soon, and be sure to attend to learn more.

### ***Building Our Connections***

Covid-19 has had a silver lining for us -- we're actually seeing *more* of each other now, via Zoom, than we did before! And it can be argued that we're having qualitatively better interactions in the Zoomasphere. In addition to our work team meetings, all of us also attend social gatherings -- like our weekly pods (small support groups), happy hour and readers group. And some of us have been enjoying in-person outings this summer as well (social distancing, of course) like hiking, biking and paddling.

---

## **Cohousing in the News**

**The New York Times**



## Modern Housing With Village Virtues

By Courtney E. Martin

Working families in the United States have many struggles today: expensive child care, not enough time to cook healthy meals, disconnection from nature, a sense of social isolation — what the sociologist Robert Putnam famously called “bowling alone” — and more.

Older Americans, a booming population, often end up segregated generationally and in dire need of care and companionship.

[Read the story](#)

## Covid-19 and Senior Cohousing



## Being Apart Together

Who are these people, and what are they doing?

You're looking at a photo taken last month on the Fourth of July at Oakcreek Community, a senior cohousing pocket neighborhood in Stillwater, OK. These are some of the folks who live there. They're sitting on the beautiful lawn in front of their common house, celebrating the holiday, together.

Like cohousers everywhere, they are weathering Covid-19 brilliantly, without sacrificing safety, or the comforts and joys of community. Social capital? They have it in spades. They know from day to day living that in times of crisis, cohousing is where you want to be.

To read how they've been navigating the pandemic this summer, check out their August newsletter.

[Read the Newsletter](#)

## About Middlesex Senior Cohousing

We are 12 equity member households from Metro Northwest Boston on track to build the *first senior cohousing neighborhood in New England*.

Our vision is a collaboratively designed, self-managed neighborhood of 20 or so small, privately-owned, clustered, energy-efficient homes. With abundant open



space, gardens, and a large outdoor commons. Also a large common house with extensive amenities, including gourmet kitchen and great room for cooking and eating together, dancing, gatherings, and celebrations. Other common house amenities may include spaces for woodworking, arts/crafts, offices, and yoga/exercise.

To learn about cohousing, go to the Cohousing Association of America at [www.cohousing.org](http://www.cohousing.org) To learn about our project, click on the link below.

[middlesexseniorcohousing.org](http://middlesexseniorcohousing.org)