

Hager Homestead Newsletter

August 2022

Building the first 55+ cohousing community in New England



Judy's blueberries, plump & perfect in July.

More food stories below...



Announcing:
Info Session: Sunday, August 21, 6 pm
EDT

[Two New Units for Sale!](#)

We are holding another "Learn About Hager Homestead" Information Session, this one on **Sunday**, August 21 from 6-7 PM EDT. You'll be able to see the progress we've made building our community in Littleton, MA. Cottages have walls and roofs, and the foundation is being prepared for the multi-family building. In fact, we are happy to announce that we will be offering two additional market-rate, one-bedroom homes. These will not last, so, do not miss this meeting if you think Hager Homestead might be your future home.

People need connection to a community, especially as we age.

(For more on this see our review below of the book, [Breaking the Age Code](#) by Becca Levy.) That's why we are spreading the word, building the energy, making the case for cohousing.

Our info session can help educate anyone curious about cohousing--and what it offers those nearing retirement.

[Find out About the Project!](#)

Join this Zoom event to meet some of our members and

[Learn More about Hager Homestead](#)

Sunday August 21, 2022, 6-7 pm EDT

Hear about our plans, our timeline,
and learn more about cohousing.

[Click to Register](#)

[Table of Contents](#)

1. [Construction Update: Walls! Roofs! Shingles!](#)

More pictures from our drone

2. [Picnic at Gwen's House:](#) *We really love to eat*

3. **Downsizing Stories** *John says farewell to (most of) his toys*

4. **Breaking the Age Code** *It's not how old you are...it's how old you think you are*

Construction Update

Workers here are putting the roof onto the 3rd cottage building in our community. The ground beneath the future multi-resident building, which lies to the left of the Federal House in this photo, is being prepared now!

Progress was held up when the development team discovered that the foundation beneath the Federal House was falling apart...

...necessitating more extensive repairs to both the foundation and the exterior of the building than we had anticipated.



Picnic at Gwen's in Littleton

A few weeks ago, several dozen Hager Homestead members and Explorers enjoyed a July afternoon party at Gwen's back yard in

Littleton! On such a seasonable day—not too hot, not rainy—some arrived early and some fashionably late. (Sarah showed up after finishing her dog-walking duties) We all grazed the potluck table, visited the nearby town beach, and met in-person the members and Explorers we've been Zooming with for months.

Summer potlucks make for fun eating, and this event served up quite a banquet. We quickly consumed the lasagna, and gathered 'round buckets of fresh blueberries from Judy's garden. (And her blueberry pie.) We had an abundance of grapes, watermelon, and tasty summer salads. Note the fresh zucchini from Gwen's own garden. Jen arrived with a flourish, with a big bucket of Kentucky Fried Chicken! That's a very American summer treat! We all dug right in.

-- Submitted by our member, Susan



Downsizing Tales:

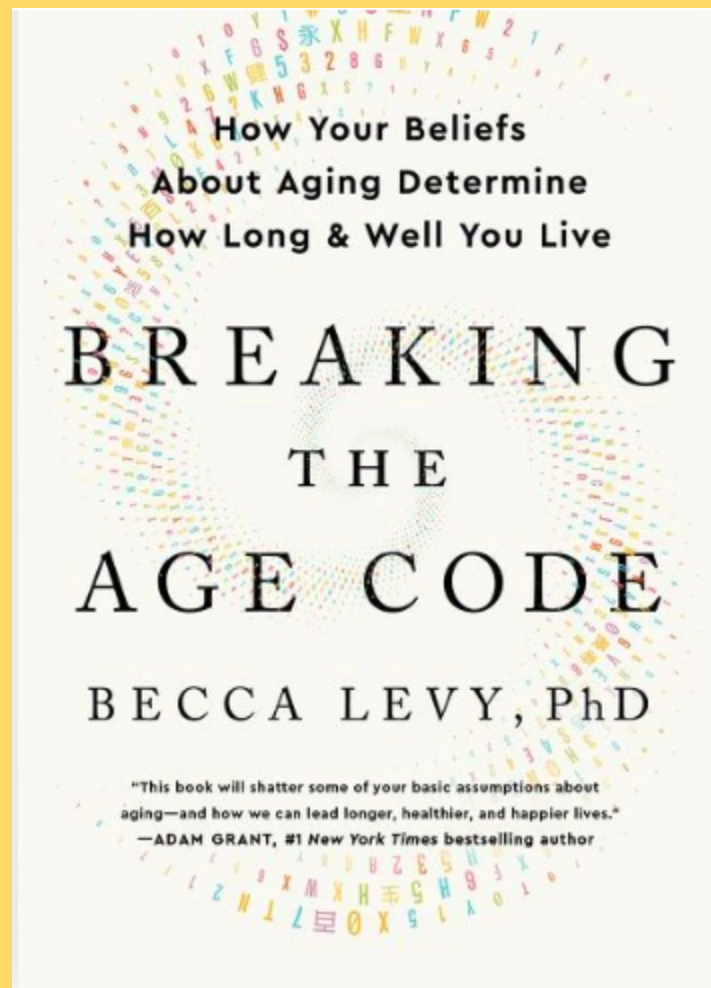
John and his Toy Trucks



Here's John (above) surrounded by a large sample from his 96-piece toy collection, a variety of "pressed steel" trucks dating from the 1950s. His parents had saved some of his favorites for him, and after he moved to Medford he added to his collection. By attending the Brimfield Flea Market, he soon became an active collector of toys dating from the late 1940's. Most of them still work! They raise ladders, level dirt, lift loads, and squirt water. What were once his delight as a youngster are now sought-after collectables. Ten of his favorite toys will accompany John to Littleton. The rest are slated for auction. He will miss them, but says that he will always enjoy the photos of them—like this one.

Inspiration for Aging:

Breaking the Age Code



What we're reading now: This book by Yale professor and expert on the psychology of successful aging, Dr. Becca Levy, draws on her research to show how we can improve our age beliefs to benefit our aging process—including the way genes operate and the extension of life expectancy by 7.5 years.

Some chapters: "Old and Fast", "Ageism: The Evil Octopus"; "Brawny Brains: Genes Aren't Destiny", and "Stars Invisible by Day: Creativity and the Senses".

You can find Dr. Levy discussing this on many podcasts, if you prefer to listen to her speak on the subject. Search her name wherever you get your podcasts. *(Make sure you get the name of the book correct -- on Amazon, the word "Code" appears in books about gene editing, WWII women code-breakers, Alan Turing, and the Book of Revelations.)*



Sunset In Littleton

This photo was taken by our member, Karen, late last June in the parking lot of the local Market Basket supermarket. Such beauty in the most mundane of places!! Thank you, Karen, for sharing this.

Tour Our Site

Visit Hagerhomestead.org and scroll to the bottom of the '[About Our Project](#)' page for a drone video showing the construction progress of our future home

Visit our Facebook Page

...to see more about what we're up to



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